

Dr. Davidowitz Introduces His New TV Show: Your Best Self TV

BEAUTY NEWS, COSMETIC TREATMENTS, NEWS August 11, 2021 Dr. Steven Davidowitz

[Dr. Steven Davidowitz](#), also known as "Dr. D" by his patients, is one of the Upper East Side of Manhattan's leading celebrity cosmetic dentists that specialize in designing and maintaining beautiful smiles. Dr. D is among the world's most prominent cosmetic dentists. Dr. Steven Davidowitz practices general and cosmetic dentistry with a true love for smile makeovers through clear aligners and porcelain veneer treatments. Dr. Davidowitz was recently named a member of the RealSelf Medical Review Advisory Board for cosmetic dentistry content on their website and platform at RealSelf Medical Review Advisory Board. He was also recognized as an Invisalign Elite Provider in 2012 which signified his extraordinary amount of education and experience in using Invisalign. This distinction also placed him in the top 3% of Invisalign providers in the United States.

SERIES LIVE WITH DR.D

Launch Series

Your Best Self TV

LDNYC
Luxury Dentistry



Haute Beauty expert [Dr. Steven Davidowitz](#) introduces his new show, *Your Best Self TV*, inspired by how Botox, fillers, aesthetics, dental work, can change someone's life.

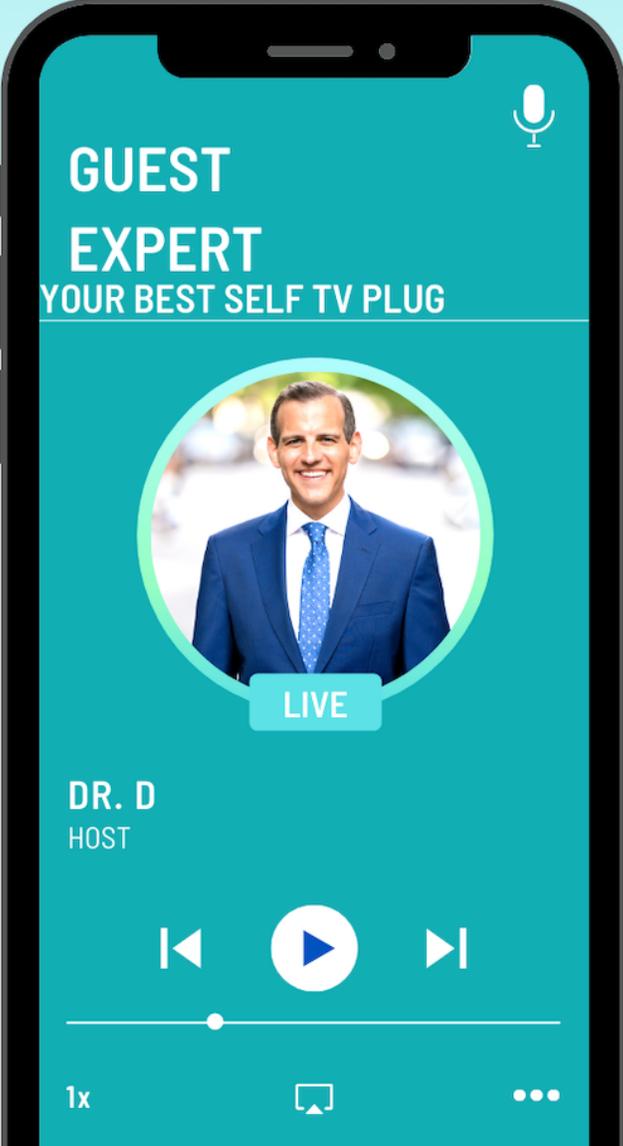
Haute Beauty: What inspired you to create a platform where dental work, Botox, and fillers are all in the same conversation?

A competent cosmetic dentist can do a great job at making teeth look great and giving people a healthy and beautiful smile. The desire for Esthetic dentistry has been on an absolute boom over the last few years especially when it comes to such innovative techniques as teeth whitening, cosmetic bonding, and ceramic veneer smile makeovers.

Now that the teeth look great, what about the perioral areas around the mouth? If the smile looks great but we ignore the rest of the face, then we have really limited what we have done in esthetic dentistry. Imagine putting the Mona Lisa in a tattered and broken old frame. Taking the frame of the smile into account with my smile makeovers allows for harmony, symmetry, and a truly beautiful and younger smile.

HB: When did you realize cosmetic dentistry is more than just dental work?

Seeing the monumental positive changes that a new smile can deliver to another human being time after time continues to have such an impactful effect on how I see and practice cosmetic dentistry. Yes, it involves dental work, but it also needs artistry and personalized touches for each and every individual patient.



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FALL LAUNCH 2021

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HB: What does your Best Self TV entail?

I am the executive producer and the host of a new lifestyle show called YOUR BEST SELF TV. A fast-paced, interactive, and upbeat lifestyle program designed to inform, educate and engage audiences. Our Show will have doctors and experts that will share tips and products and recipes that will help our audience be their best self!

Our topics will include:

- Wellness
- Social Issues
- Trending Topics
- Celebrities
- Lifestyle

- Beauty
- Parenting
- Healthy Cooking
- Wellness Technology
- Facial Aesthetics

- Medical Procedures
- Health & Wellness Authors
- Products and much more.

HB: How do aesthetics transform someone's life?

Simply put, aesthetics make us happy. On an emotional level, they elicit feelings of happiness and calm. They connect us to our ability to reflect on and appreciate the world around us. Feeling good about the way one looks and feels delivers tremendous confidence to that person and to those around them.

HB: What is your #1 piece of advice to those seeking self-confidence?

Much of self-confidence comes from within. Trying to stay positive and turning negative thoughts into positive ones takes practice and is a challenge to many but is well worth the exercise. Feeling good about your image and presentation is another way to develop strong self-confidence. Dressing well, proper grooming, and keeping your body healthy with proper food choices, skincare, and staying away from vices. Creating and maintaining a younger healthier look is now easier than ever with non-invasive treatments that can help you feel your best self and boost your self-confidence as well. In my field of cosmetic dentistry, examples would include: teeth whitening, botox, fillers, Evoke Jowl and chin skin tightening, and smile makeovers.